Wrekin u3a Newsletter November and December 2026

From The Editor

It might seem somewhat early but the present committee's thoughts are already turning to next year's AGM and the perennial issue of recruitment. It is important to remember that committee members cannot serve unlimited terms and that regular new faces and skill sets are key to ensuring a fair distribution of roles.

It was interesting to read the following on the national u3a website:

The unique benefit of u3a is that this is not a service delivered to people in later life. It is a movement built by members themselves. People are not passive recipients, but active contributors, helping not just themselves, but other people to live better lives.

If you think you could become a more "active contributor" within Wrekin u3a then come along to one of our committee meetings to find out more. Copious amounts of tea and cake will be provided and you'll find out how enjoyable and rewarding it is to be part of making Wrekin u3a a great place to live, laugh and learn together.

Karen Appleby

November Happenings

Mon 9 Members' Coffee Morning, The Park House, Shifnal
Tues 24 General Meeting, Shifnal Village Hall
Mon 30 New Member/Visitor Drop-In, The Park House, Shifnal

December Happenings

Tues 1 Houses and Gardens: Hanbury Hall
Mon 14 Members' Coffee Morning as above
Wed 16 Away Day: Black Country Museum

There is no General Meeting or New Member Drop-In in December

From The Groups

Lunch on the 15th

Sunday 15 November Carvery at The Down Inn, Bridgnorth 12.30 for 1pm.
No deposits/pre-orders required.
Tuesday 15 December Pre Xmas lunch at Christopher's Restaurant, Shifnal 12.30 for 1pm.
Pre-orders and deposits ***will be required***.
Please let Valerie know if you wish to attend *either* event.

Table Tennis at Springwood

Every Wednesday 6.30-8pm. A great way to keep fit, have fun and possibly hone a new skill. A perfect activity for all levels from beginners to old hands. Also accessible for those less mobile. Ted Sellwood would love to see you and you will be made very welcome.

Street Curling

12 members enjoyed giving this new activity a try at a recent taster session. It turned out to be great fun and brought out plenty of competitive spirit! It is accessible to all including those who are less mobile. Gill Moore is the group leader and we plan to arrange further sessions in the New Year. More details to follow.

From The Third Age Trust

The 43rd AGM was held in Manchester last month and if you would like to catch up with the films and presentations from the day or access a full recording of the AGM you can do so via the link:
https://www.u3a.org.uk/what-we-do/events/agm-2026
The Board successfully supported a final resolution that there would be consultation with all u3as if the Trust's marketing efforts were to move beyond its current Vision and Mission.

Last week u3a visited the House of Lords to launch a new report “Retirement Rewired”. It was an exciting opportunity to raise our profile with external audiences and highlight the impact of learning in later life. Read the report via the website:
https://www.u3a.org.uk/what-we-do/our-impact/u3a-impact-reports/retirement-rewired

Notices

Book Stall Donations

Due to limited storage facilities, our book stall team cannot accept more than 2 books per person at a General Meeting. The committee thanks you for your understanding.

Next Monthly Meeting

Tuesday 24 November 2.15pm

Ian and Hilary Templeton: America: As Time Goes By

An audiovisual tour of aspects of America, from the Revolution to the present day, chosen to inform, entertain and amuse.

This will be your final opportunity to book for the Annual Lunch in January at The Hundred House Hotel. Linda and Erica will be in attendance to take your booking forms and payment. Please note that we have been unable to arrange transport with the Shifnal Shuttle minibus as previously hoped.

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